



AUCC COVID-19 RETURN TO CAMPUS STUDENT GUIDE

Expectations, Testing, Isolation, Quarantine, Contact Tracing

STUDENT COVID-19 GUIDE to FALL 2022 SEMESTER

PRE-ARRIVAL CHECKLIST

COVID-19 TESTING

ISOLATION/QUARANTINE

CONTACT TRACING

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MEAL SERVICES

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PRE-ARRIVAL REQUIREMENTS

Pre-Arrival Testing Requirement

In order to reduce the possibility of a student arriving on campus for the Fall 2022 semester while COVID-19 positive, AUCC member institutions will require the following:

- Completion of a negative PCR test (e.g., molecular or NAAT) 48 hours or a negative antigen test (e.g., most at-home tests) within 24 hours and receive negative result prior to move in (residential students) or the first day of classes (commuter students). PCR tests can be found [here](#) and free at-home tests can be found [here](#).
- Students who test positive, must delay their arrival, notify campus personnel, adhere to [isolation guidance](#), and submit a negative antigen test result before arriving to campus.
- Students who continue to test positive after completing at least 10 days in isolation must 1) provide a note from a medical professional stating the student has completed isolation **and** 2) receive approval from the institution before arriving to campus

Pre-Arrival Vaccine and Booster Requirement

AUCC member institutions requires students to be [up to date](#) on their [COVID-19 vaccination](#) (i.e., primary series and, when eligible, a booster), or to have an approved medical or religious exemption. Individuals are “up to date” if they have received all recommended doses of COVID-19 vaccine for which they are eligible. This means:

- An individual who has completed a primary series and received a booster is up to date.
- An individual who has completed a primary series and is not yet eligible for a booster is up to date.
- An individual who has completed a primary series and is eligible for a booster, but has not received a booster, is not up to date.

Pre-Arrival Self-Monitoring

Individuals with COVID-19 have experienced a wide range of symptoms appearing 2-14 days after exposure to the virus and students experiencing these symptoms may have COVID-19 and **must delay their campus arrival even if their test is negative:**

- New/unexplained fever or chills
- New/unexplained cough
- Shortness of breath or difficulty breathing
- Unexplained fatigue
- Unexplained onset of muscle or body aches
- New/unexplained headache
- New loss of taste or smell
- New/unexplained sore throat
- Congestion or runny nose (excluding allergies)
- Unexplained nausea or vomiting
- Unexplained diarrhea



COVID-19 TESTING

COVID-19 Testing Frequency

The AUCC epidemiologist will closely monitor the incidences of COVID-19 on each campus, which includes randomized Antigen and PCR testing for vaccinated students twice a month and weekly Antigen and PCR testing for unvaccinated students. Students required to test on campus must:

1. Pick up test kits from a designated location on campus
2. Follow the instructions for PCR self-collection: [Clark Atlanta](#), [Morehouse](#), [Spelman](#) or Antigen [self-collection](#)
3. Click the campus link to access the AUCC Campus Self-Reporting form to record **antigen results only**: [Clark Atlanta](#), [Morehouse](#), and [Spelman](#)
4. Select “Print to receive PDF copy of responses.”

COVID-19 Results

Negative COVID-19 results

- A negative result suggests the virus that causes COVID-19 was not found
- Students should continue to monitor their symptoms and contact their student health team should symptoms develop

Positive COVID-19 result

- A positive result suggests the virus that causes COVID-19 was found
- Student should return to their room, **and** contact their campus student health team

Students completing a COVID-19 test not administered by the AUCC must complete the AUCC Self-Reporting form([Clark Atlanta](#), [Morehouse](#), and [Spelman](#)) and should **not** report to campus if they have:

- Received a positive COVID-19 result **or**
- Named as a close contact of someone who tested positive for COVID-19
- Experienced symptoms consistent with COVID-19

Isolation/Quarantine Requirements

Isolation / Quarantine (I/Q) Procedures

Isolation pertains to individuals who have tested positive for COVID-19 or have experienced symptoms consistent with COVID-19 **regardless of vaccination status**. The length of isolation is determined by the first date of symptoms or date of the positive test. **Students who test positive must:**

1. Isolate for five days
2. If fever free and symptoms have improved, take an antigen test on Day 6
3. If results are negative, student will receive clearance to return to campus activities
4. If results are positive, student must complete 5 additional days in isolation
5. Wear a [well-fitting mask](#) around others for 10 days

Quarantine pertains to individuals who have come into [close physical contact](#) with an individual who tests positive for COVID-19 . The length of quarantine will be determined by the exposure date.

Students who are:

Up to date on COVID-19 vaccines:

- Do not have to quarantine
- Must wear a KN95 for 5 days
- If no symptoms develop, take a test on day 1 and day 5
- If results are negative, student will receive clearance to return to campus activities
- Wear [mask](#) for next 10 days

Unvaccinated or not up to date:

- Quarantine for five days
- If no symptoms develop, take a test on day 1 and day 5
- If results are negative result, student will receive clearance to return to campus activities
- If symptoms, student must get tested
- Wear a [mask](#) for next 10 days

Isolation / Quarantine in Place (I/Q)

Students who are fully vaccinated, asymptomatic, or exhibiting mild symptoms will [isolate/quarantine \(I/Q\) in place](#) in their residence halls when space is limited. While in I/Q, students must **not** leave their room except in cases of emergency or essential need (e.g., meal retrieval or using the bathroom facilities). The campus clinical team will check-in regularly via email, however it is the responsibility of the student to check their email for updates and respond as needed.

Roommates of (I/Q) in Place

Currently, individuals who have been within six feet of an infected person for a cumulative total of 15 minutes or more, over a 24-hour period are considered a close contact. Unfortunately, most are contagious two days prior to becoming symptomatic, in this case, it is likely roommates have been significantly exposed already.

Criteria for isolating in place for COVID positive students:

- Up to date on vaccines
- Asymptomatic
- Low grade fever <101
- Nasal congestion/runny nose
- Sore throat
- Mild cough
- No high-risk health conditions
- Must be able to always wear a KN95 mask or mask in the residence hall

Contact Tracing/Academic Support Meal Retrieval

Contact Tracing Services

Contact tracing is the process of locating those in close contact with those infected with the virus that causes COVID-19 and informing those contacted may have been exposed to the virus. Contact tracing services are conducted by certified AUCC contact tracers who will interview all students that test positive for COVID-19. Upon identification of an infected student, the AUCC contact tracing team will attempt to contact the student within 24hrs of notification to help slow the spread of COVID-19. During a contact tracing interview, the student will be asked questions about their medical history, symptoms, places visited, and individuals they've been in close contact with. It is the responsibility of the student to be available for the interview and to answer each question truthfully. Preventing the spread of COVID-19 ensure the campus community is safe, and activities are not interrupted. Students should know:

- Discussions with contact tracers are confidential. This means personal and medical information will be kept private and only shared with those who may need to know (e.g., student health services).
- Contact tracers will only notify individuals identified as a [close contact](#). Name of the positive individuals is never shared with those listed as close contacts, even if they ask.
- Contact tracers may be able to connect other supportive services that can help assist while the student is in isolate or quarantine.

Academic Support

The AUCC is committed to providing support for all students, particularly those absent from in-person classes while in isolation/quarantine (I/Q). Student should be aware of the following:

- Upon entry into isolation/quarantine, an academic liaison will notify the respective instructors of the student's absence from in-person classes
- It is the student's responsibility to contact their professors or academic advisors for extra assistance or accommodation as needed
- Test results are confidential, students are not required to disclose their COVID-19 status their professors
- Before exiting I/Q, students will receive written notification when they are cleared to return to in-person classes and resume regular activities

Meals Retrieval

Students are required to pick up their meals at designed location on campus or retrieve meals from the café between (times may vary) 8:00am-9:00am (breakfast) 11:00 a.m. – 12:00p.m. (lunch) and 5:00 p.m. - 6:00 p.m. (dinner). When retrieving meals students should limit their contact with others, wear KN95, and immediately return to their room. **Students in I/Q:**

- Should disinfect high touch surfaces as often as possible
- NOT go off campus to pick up food or shop for groceries
- Can have family members or friends drop off items, but should not come inside their room, nor should the individual meet them outside

WELLBEING/CAMPUS ALERTS

Wellbeing

It's natural to feel stress, anxiety, and worry during the COVID-19 pandemic. Below are a few strategies to help manage those feelings while in I/Q.

- **Make time to unwind.** Try some new [activities](#) or hobbies to ease your mind.
- **Connect with others.** [Talk with people](#) you trust about your concerns and how you are feeling
- **Connect with your community- or faith-based organizations.** While isolating, try connecting online, through social media, or by [phone or text](#)

COVID-19 Campus Alert System

As part of AUCC commitment to the health and safety of our community, we are always searching for new opportunities to provide accurate and timely updates on the presence of COVID-19 within our community. As such, we implemented the AUCC-Wide COVID-19 Campus Alert System. The Alerts are grouped into 4 color categories indicating the condition of the campus and strategies required to keep our community safe. Those strategies include masking, testing, event size, and visitors. The colors will be displayed as you enter the campus, on the screens and monitors around campus, and on your campus home page. The AUCC epidemiologist will review campus, community, and hospitalization data weekly to determine the campus level and notified the community when the alert changes.

Normal

Moderate

Severe

Extreme

FAQs for roommates of (I/Q) in place

If I am COVID-19 negative and my roommate is isolating, do I need to isolate or quarantine? What activity can I still do?

If you are up to date on your vaccination (both primary series and booster), you do not need to quarantine. However, you may attend class, but must always wear KN95 mask and get an antigen test on day 1 and day 5. Students who are unvaccinated or eligible for the COVID booster but have not yet received it must quarantine for 5 days and get an antigen test on day 1 and day 5.

What should I do if I am immunocompromised or at high risk for complications of COVID-19 due to a medical condition, and my roommate tests positive?

If you are at high risk for infection or complications of COVID, speak to the student health team. Based on specific criteria, your positive roommate may be eligible to isolate or quarantine in (I/Q) designated housing.

How do I decrease my risk of getting COVID if I am negative and those around me are positive?

Always wear a well-fitted mask except when you are in the shower, brushing your teeth, or eating. Use hand sanitizer often and wipe down high-touch areas in your room as often as possible. Increase ventilation in your room by bringing fresh outdoor air to help keep virus particles from accumulating inside. For additional resources, review [Environmental Protection Agency website](#).

AUCC HEALTH & SAFETY RESOURCES

For additional COVID-19 related questions, please email AUCC epidemiologist [here](#).

AUCC STUDENT HEALTH &
WELLNESS CENTER

Tel: (404) 756-1241

AUCC BEHAVIORAL HEALTH
SERVICES

Ph: (404) 756-1241

AUCC STUDENT HEALTH &
WELLNESS CENTER

AFTER HOURS LINE

Tel: (404) 756-1241

After 5pm

AUCC PUBLIC SAFETY

CAU: (404) 880-8623

MOREHOUSE: (404) 215-2666

SPELMAN: (404) 525-6401

GEORGIA CRISIS & ACCESS
LINE

Tel: 1 (800) 715-4225

MEDICAL OR LIFE-
THREATENING
EMERGENCIES

DIAL 911